

8D6N

東北の最美秘境

青森 | 岩手 | 宮城 | 仙台 | 山形

2024

CHARM OF TOHOKU

AOMORI | IWATE | MIYAGI | SENDAI | YAMAGATA

JPTH08



日本东北

这里没有大热门的目的地，也少有天花乱坠的攻略介绍，却有着最纯粹质朴的风景。雄伟自然景观与异世界景色，加上新鲜美味的海产，让您在这个深度旅行中受益匪浅。

Tohoku

It may not be a well-known destination, it may not have famous attractions, but it has the purest rustic scenery. Be mesmerized by the majestic creations of nature and savor delicious fresh seafood in this in-depth tour to Tohoku.

Validity: 25 MARCH - 24 DECEMBER (3月25日-12月24日)



奥入濑溪流
Oirase Stream

第1天 吉隆坡 ✕ 成田

于机场集合办理登机手续，然后乘搭飞机飞往日本。

第2天 成田 -77公里- 羽田 ✕ 青森

转搭国内航班前往青森机场。

- **弘前城**：别名鹰冈城，为日本国家指定遗迹之一，是日本十二座现存天守城堡中的其中一个。春季时分，河面铺满了樱花，充满了梦幻美，成为日本著名的赏樱胜地；秋季时分，这里的红叶美景，也一样让人心动！

季节安排★

樱花季：4月20 - 4月30

开花的状况会因气候或季节的因素而有所变更，敬请见谅。

第3天 青森 -153公里- 岩手

- **津轻藩偃莖吡村**：可以体验弘前市偃莖节的热门旅游景点。在节日实际使用的扇形Nebuta被陈列为观赏，您还可以和Nebuta音乐家自己一起尝试Taiko（日本鼓）与观赏东北“三味线”的演奏。

日本第一富士苹果工厂 (9月20日 - 3月31日)★

青森县是日本最大的苹果产地，青森苹果的产量约占日本全国产量的一半以上，苹果则以富士苹果最为著名。特别安排参观储存了数千粒苹果的富士苹果工厂，教你挑选及分辨苹果的品种，饱览一趟丰富的旅程。

注：

- 每个星期三和星期日为苹果工厂休息日，将改为参观弘前苹果酒工房。
- 28/12 - 6/1期间为苹果工厂年度休业日，不开放参观，并且不安排其他替代景点。

季节安排：苹果公园 (9月20日 - 11月23日)★

此时此季是收获苹果的最佳时期，特别安排参观优等区域之果园，体验採果之乐趣！

- **奥入濑溪流**：列为特别名胜以及天然纪念物。由于越是往深处走越见许多小滩，故命名为「奥入濑」。沿路设有步道供旅客漫游，行走在步道上沿路除了可以欣赏奥入濑溪流大大小小不同风貌的流水瀑布，清澈溪水，还有山毛榉，扁柏及枫树等的原始树林。其原始的风貌和景观变化之美难以用言语形容。
- **十和田湖**：这是双层破火山口湖，由大喷火时出现的喷火口陷没后所形成，是日本第三深的湖泊，透明度也很高。(请视天气情况，若恶劣天气将取消行程)

第4天 岩手

- **盛冈手工艺村**：在这里，您可以近距离参观工匠的传统技艺及体验亲手制作一个当地特产。
- **中尊寺**：平泉世遗区里最著名的景点之一。著名的金色堂也坐落于此，有如京都的金阁寺，金色堂的大厅完全覆盖上黄金。从金色堂到月见坡的杉林，描金画等创作更显金色堂的气派华丽。
- **历史公园江刺藤原之乡**：这座都城风格的主题公园，洋溢着浓厚的平安时代氛围。特别安排**体验日本武士装备**，让你无违和畅游古时代的日本！

富士苹果
Fuji Apple



第5天 岩手 -112公里- 仙台

- **狢鼻溪**：绿水河川两岸均为满布参天树的悬崖峭壁，我们将会乘搭舢舨，欣赏沿岸嶙峋的风化巨石散见河边，鸟语回音处处。
- **瑞巖寺**：原名圆福寺，又称松岛寺。从中门进入到中庭，可见国宝的本堂、库里和走廊。本堂建筑形式是书院造，简朴的和风外观，内部装饰有各种雕刻、色彩、金器、袄绘和贴画，表现出绚烂的桃山建筑世界。
- **五大堂**：建在本州海岸附近小岛上的佛堂，与本州之间通过红色透桥连接，现为日本文化遗产。碧海和诸多岛屿形成的周边景观，使它成为松岛的名胜代表。
- **松岛湾游船**：松岛是日本三大名胜景点之一。搭乘汽船环游松岛湾，沿岸及松岛湾上的260个大小岛屿组成，松岛的景色根据地点与季节产生各种变化，景色之优美堪称日本三景之首。

第6天 仙台 -70公里- 宫城 -109公里- 山形

- **名牌厂商直销店**：除了国际品牌以外还有很多日本本土品牌进驻，不定期还有超值的减价促销活动。
- **一番町商店街**：这里有鲜为人知的居酒屋和充满生活气息的家常副食菜店、蔬菜店，咖啡店等等。
- **御釜火山口湖**：藏王御釜是由刈田岳、熊野岳、五色岳3座山环抱下的火山口湖，湖面颜色会随着太阳光线不同，时而是深绿色，时而是蓝色，别名五色沼。有东北最美秘境之称。整个火山口湖周长约1km，直径约325m，水深约27.6m。(如因天气或其他不可抗力因素进行年度维护或停止运营，将更改行程。)

第7天 山形 ✕ 羽田 -77公里- 成田

- **参观果园**，采摘当季的水果，任你现采现吃！（如当季没有任何水果可供采摘，会以品尝水果取代；9月20日 - 11月23日将会根据秋季特别安排在苹果公园采摘苹果。）
- **银山温泉乡**：这座浓厚日本传统风情的银山温泉乡，正是当年风靡亚洲的NHK电视连续剧《阿信》的故事舞台及取景地。

搭乘国内航班前往羽田，入住成田机场酒店一晚。

第8天 成田 ✕ 吉隆坡

今天，我们将搭乘当日班机返回家园。

- ★ 以上季节安排以出发日期为标准。
- ★ 如游览船因天气或其他不可抗力因素进行年度维护或停止运营，将更改行程或提供退款。



银山温泉乡
Ginzan Onsen Street

DAY 1 Kuala Lumpur ✕ Narita

Assemble at airport for departure flight to Japan.

DAY 2 Narita -77km- Haneda ✕ Aomori

Board a domestic flight to Aomori Airport.

- **Hirosaki Castle:** The castle is now listed as Important Cultural Properties of Japan. Thousands of cherry trees planted around the castle grounds, making it one of Japan's most spectacular cherry blossom spot. In Autumn, the castle grounds are filled with colorful red and yellow leaves.

SEASONAL ARRANGEMENT ★

(Sakura Season: 20 April - 30 April)

Blooming conditions are subjected to weather or season change. Your understanding is appreciated.

DAY 3 Aomori -153km- Iwate

- **Nebuta Village:** Famous tourist spot where you can experience Hirosaki Nebuta Festival. The fan-shaped Nebuta actually used in the festival are exhibited for viewing. You can also try the taiko (Japanese drums) along with the Nebuta musicians.

EXCLUSIVE ARRANGEMENT BY APPLE

JAPAN'S NO.1 FUJI APPLE FACTORY (20 SEP - 31 MAR) ★

Aomori boasts the highest production of apples in Japan and its greatest production of the Fuji apples. Explore and compare various types of apples. Learn how Fuji apples are cultivated, grown, carefully picked, and stored.

Remark:

- Close on every Wednesday and Sunday, will replace to visit Kimori Cider Factory.
- 28/12-06/01 is the annual closing day of the Apple factory, it not open for visits. There is no replacement of itinerary during this period.

SEASONAL ARRANGEMENT: APPLE PARK (20 SEP - 23 NOV) ★

Experience freshly picked Aomori apples during harvesting season from September to November at the VIP zone in the farm.

- **Oirase Stream:** Picturesque mountain stream in Aomori Prefecture that is one of Japan's most famous and popular autumn foliage destinations. The stream flows along the floor of the Oirase Gorge, winding among trees which turn brilliant shades of red, yellow and orange in autumn. Over a dozen waterfalls cascade down into the stream all along its length from the walls of the gorge.
- **Lake Towada:** Beautiful reflections of the sky and mountains on the clear blue water of the largest crater lake in Honshu. It is famous for its picturesque scenery and the mysterious beauty of the lake. (Subject to weather conditions; this itinerary shall be forgone in the event of unforeseen circumstances.)

DAY 4 Iwate

- **Morioka Handicrafts Village:** You can watch professional craftsmen at work and **experience making local handcraft.**
- **Chusonji Temple:** One of the UNESCO World Heritage Site and is the most famous attraction in Hiraizumi. The **Konjikido Golden Hall** apart from the roof is covered with gold leaf both inside and out is also located here.
- **Esashi Fujiwara Heritage Park:** A theme park built according to the Heian period. Experience putting on **Japanese Samurai Armor** and take memorable photos!

DAY 5 Iwate -112km- Sendai

- ★★ **Geibikei:** Admire the sight of an evocative scene created from jaw-dropping rocks on a tranquil cruise by boat.
- **Zuiganji Temple:** The official name of Zuiganji is "Matsushima Seiryuzan Zuigan Enfukuzenji". The existing main hall, Onari entrance, warehouse and corridor are designated as national treasures. Zuiganji has multiple styles of architecture, considered to be a multi-cultural work of art.
- **Godaido Hall:** A small temple hall built on the coast of Matsushima which is connected to the mainland by a short wooden pedestrian bridge. Due to its prominent location, it has become a symbol of Matsushima.
- ★★ **Matsushima Cruise:** Enjoy a boat cruise around Matsushima, famous for its tranquil and picturesque bay with 260 tiny islands. Ranked as Japan's top three scenic views for centuries.

DAY 6 Sendai -70km- Miyagi -109km- Yamagata

- **Branded Factory Outlet:** Besides international brand, you can find local Japanese brand as well. From time to time, there will be added value promotions!
- **Ichibancho Street:** This district is famous among the citizens of Sendai. Izakaya (Japanese pub), coffee shops, fruits stores are available here.
- **Okama Crater:** It is a crater lake surrounded by three mountains which is Kattadake, Kumanodake and Goshikidake. It is also known locally as "Goshikinuma" (the five-coloured pond) thanks to the changing hues of the water from dark green to blue according to the sunlight. The entire crater lake has a circumference of about 1km, a diameter of about 325m and a water depth of about 27.6m. (If annual maintenance or suspension of operation due to weather or other force majeure circumstances occurs, the itinerary will be modified.)

DAY 7 Yamagata ✕ Haneda -77km- Narita

- Enjoy **fruit picking activities** in a local fruit farm. (If there are no fruits available for picking during the season, fruit tasting will be offered instead; Autumn Special Arrangement 20Sep-23Nov: Apple picking at Apple Park)
- **Ginzan Onsen Street:** Visit a hot spring town located along the Ginzan river. Enjoy strolling through one of Japan's prettiest onsen town lined with three and four storey wooden inns. This place was featured in NHK's TV series "Oshin".

Board domestic flight from Yamagata to Haneda, stay one night in Narita Airport Hotel.

DAY 8 Narita ✕ Kuala Lumpur

Proceed to airport for your flight back to home with unforgettable memories.

★ Above seasonal arrangement date base on Departure Date.

★★ If sightseeing boat cruise undergo annual maintenance or operations are halted due to weather or other force majeure factors, the itinerary will be changed or a refund will be provided.





祝鼻溪 (Geibikei)

秋枫季: 10月20日 - 11月5日

Foliage Season: 20 Oct - 05 Nov

★如遇气候因素(下雨或刮风或气温异常等), 导致其凋谢或未盛开, 仍会依原行程前往景点纯欣赏, 敬请谅解。
★In the event of weather conditions such as rain, wind, or abnormal temperatures causing withering or failure to bloom, the itinerary will still proceed to the scenic spot as originally planned. Your understanding is greatly appreciated.

行程亮点 HIGHLIGHTS

体验: DIY 活动 - 制作当地产品

现采鲜吃 - 采果乐

特色文化 - 温泉

景点: 大自然美景 - 祝鼻溪, 十和田湖, 奥入濑溪流,

藏王御釜火山口湖

国家指定遗迹 - 弘前城

日本三景: 松岛是日本三大名胜景点之一

大正浪漫风情 - 银山温泉乡

商圈: 仙台商店街 - 一番町商店街

品尝: 螃蟹会席料理 | 日式乡土料理

EXPERIENCE : DIY activities - Local Handcraft

Pick and eat - Fruits picking

Local specialties - Onsen

ATTRACTIONS: Wonders of nature - Geibikei, Lake Towada, Oirase Stream ,

Zao Okama Crater

Important cultural properties - Hirosaki Castle




Matsushima: Ranked as Japan's top three scenic views for centuries.

Taisho period romance - Ginzan Onsen Street

LEISURE : Sendai's shopping district - Ichibancho Street

TASTE : Kaiseki Crab Cuisine | Japanese Local Cuisine

餐饮安排 MEAL PLAN | 住宿 ACCOMMODATIONS

天 Day	早餐 Breakfast	午餐建议 Proposed Lunch	晚餐建议 Proposed Dinner	住宿建议 Proposed Accommodation
1	-	-	-	(飞机上) (In-flight)
2	机上用餐 Meal on Board	自理 Own Arrangement	酒店自助餐 / 会席料理 Hotel Buffet / Kaiseki Set	青森酿酒厂酒店 或同级  Aomori Winery Hotel or similar
3	酒店早餐 Hotel Breakfast	日式乡土料理 Japanese Local Cuisine	酒店自助餐 / 会席料理 Hotel Buffet / Kaiseki Set	紫苑盛岡酒店 或同级  Shion Morioka Hotel or similar
4	酒店早餐 Hotel Breakfast	日式料理 Japanese Cuisine	酒店自助餐 / 会席料理 Hotel Buffet / Kaiseki Set	花卷温泉酒店 或同级  Hanamaki Onsen Hotel or similar
5	酒店早餐 Hotel Breakfast	扇贝 + 鮎蒸饭 + 海鲜锅料理 Hotate + Ayu fish Kamameshi + Seafood Nabe Cuisine	螃蟹会席料理 Kaiseki Crab Cuisine	仙台大都会酒店 或同级 Hotel Metropolitan Sendai or similar
6	酒店早餐 Hotel Breakfast	自理 Own Arrangement	酒店自助餐 / 会席料理 Hotel Buffet / Kaiseki Set	天童温泉酒店 或同级  Takinoyu Hotel or similar
7	酒店早餐 Hotel Breakfast	日式料理 Japanese Cuisine	自理 Own Arrangement	MyStays 成田精品酒店 或同级 MyStays Premier Narita Hotel or similar
8	酒店早餐 Hotel Breakfast	机上用餐 Meal on Board	-	-

*餐饮与酒店会随着季节与当时情况, 作最适当的调整。 *Meals & hotels above are subject to change without prior notice.

旅行必备:

1. 护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起, 并且取得必要的签证和准证。
2. 旅游保险 - 出发前, 建议您购买全面的旅游保险。

条款:

1. 行程、膳食、酒店住宿和交通可能会有所变动, 恕不另行通知。
2. 若出现无法预测的特殊情况, 特别是在旅游旺季期间, 苹果旅游将保留更改或取消行程的权利。
3. 若苹果旅游的宣传手册或任何传播媒介, 出现任何形式的印刷失误或遗漏, 本公司一概不负责, 并且保留更正的权利。
4. 每位参与苹果旅游团的成员, 必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如: 交通延误/取消、天气、疾病、示威、战争等等), 因而引发额外支出的问题, 苹果旅游一概不负责, 旅客需自行负责额外的费用。
5. 详情条款, 请参阅单据背面或浏览<https://www.applevacations.my/web/terms.php>
6. 以上图片仅供参考, 请以实物为准。

日本团 - 附加条款:

1. 所有行程以中文讲解为主, 若有需要, 将提供简单的英语翻译。
2. 三人房-房内第三名住客的床褥, 将以折叠式为准。

Travel Essentials:

1. Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.
2. Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

Terms & Conditions:

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
2. AVSB reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
3. AVSB is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; AVSB reserves the right to make corrections as required.
4. Every person participating in AVSB's tours shall travel at his/her own risk. AVSB shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
5. For other terms & conditions, refer overleaf of invoice or visit <https://www.applevacations.my/web/terms.php>
6. All pictures shown are for illustration purpose only.

Note: AVSB refers to Apple Vacations Sdn Bhd

Japan Tours - Additional Terms & Conditions:

1. Tours are conducted in Mandarin, with simple translation in English if required.
2. Triple Room - Third person shall be based on a roll-away bed.

Tentative Flight Details - Subject to Change

Date	Flight	Routing	Times
	JL724	KUL / NRT	2250/0635+1
	JL145	HND / AOJ	1315/1435
	JL178	GAJ / HND	1920/2025
	JL723	NRT / KUL	1105/1810

For Agent Use Only:

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