

10D7N

NO WAY LIKE

# NORWAY

INSTILLING THE SENSE OF WANDERLUST

Oslo | Tromso | Lofoten Islands | Stamsund

## 挪威幻境—皖美之北国之都

奥斯陆 | 特罗姆瑟 | 罗弗敦群岛 | 斯塔姆松



EUOSL10-001



Lofoten

Lofoten is a group of islands in the northern part of Norway. With its postcard looking small fishing villages nestled in fjords, dotting a very rugged coast with abrupt peaks rising directly from the ocean, the archipelago is often described as one of the most scenic parts of Norway. Known for its dramatic scenery, the beauty of this place is simply staggering.

**罗弗敦**

罗弗敦是挪威北部的群岛。这里的峡湾地势遍布着无数的小渔村，远近多座巨大壮丽的山岭从海面腾出。如此强烈且独特的景色衬托，让罗弗敦群岛成了挪威最动人风景，您最不容错过的景点之一。

Validity: OCT 2024 Onwards

Where there are Norwegian communities,  
there are cod clubs.

- Mark Kurlansky



Arctic Cathedral, Tromsø

## NORTHERN LIGHTS SIGHTING

Sighting of the Aurora Borealis depends on occurrence of solar activity; cloud cover & general weather conditions. Hence it can never be guaranteed. However, sighting is not confined to this tour as the dancing green lights may show itself as randomly during your full stay in Norway.

### DAY 1 Check in at KLIA

### DAY 2 Arrival Oslo ✈️ Tromsø

(- / Hotel Dinner)

Upon arrival at airport, transfer to hotel for check in and enjoy dinner.

### DAY 3 Tromsø

(Hotel Breakfast / Local Lunch / Hotel Dinner)

#### Reindeer Sledding

Local reindeer offers family-friendly experiences to all, where you can try reindeer sledding, interact with animals and Sámi people's culture.

During Sep - Oct, Reindeer Sledding Tour is not available and will be replaced by Sámi Cultural Tour. Visit their home to learn about Sámi cultural and listen stories through Joik performance. In addition, the tour is included with entrance to Sámi Museum.

#### Tromsø City Tour

Take a tour to Polaria Aquarium, where most of the displays focus on the Arctic Svalbard Islands. Enjoy the 5 screen panoramic cinema, Arctic Walkway area and checking out its centerpiece; an open pool with bearded seals. Next, visit Arctic Cathedral, a stunning architectural gem known as The Opera House of Norway.

#### "Natural Phenomenon" Witness, Mt. Storsteinen



In the world's northernmost city, Tromsø, take a cable car up to Mt. Storsteinen viewpoint to marvel the city's best panoramic view. Enjoy the opportunity to hunt for magical Northern Lights during winter season. (Depends on weather conditions)

### DAY 4 Tromsø - 179km - Senja

(Hotel Breakfast / Local Lunch / Hotel Dinner)

#### Senja Scenic Route

On this beautiful island, drive along one of Norway's most scenic route towards the idyllic Hamn-I-Senja. Enjoy spectacular stops along the way, including Tungeneset walkway that offers glorious view of the razor-sharp Okshornan peaks and Bergsbotn elevated viewing platform for a grand vista of the Bergsfjord and the surrounding peak.

### DAY 5 Senja - 134km - Bardu - 273km - Svolvær

(Hotel Breakfast / Buffet Lunch / Hotel Dinner)

#### Polar Park, Bardu

After breakfast, visit the Polar Park, a home to Norway's large mammals such as bears, wolves, lynx, elk, reindeer and musk-oxen. Unlike traditional zoo, this park provides large natural habitat areas for animal.

(Trips could not guarantee wildlife sighting as they wanders around freely in reserved area.)

### DAY 6 Svolvær - 25km - Henningsvær - 113km - Reine - 69km - Stamsund

(Hotel Breakfast / Local Lunch / Hotel Dinner)

#### Lofoten Islands

Drive to Henningsvær, known as "The Venice of Lofoten" for its artistic vibes. After lunch, stop by the Lofoten Viking Museum and check out its full-scale reconstruction of a Viking-era house along with the various Viking artefacts.

Next, drive to Reine. With red and white fishermen's huts dotting the shoreline and surrounding peaks of granite shooting out of the Reinefjorden, the village has earned a reputation as "the most beautiful place in the world".



Northern Lights

## DAY 7 Stamsund - 16km - Leknes ✕ Oslo

(Hotel Breakfast / Nordic Crab Lunch / Hotel Dinner)

### Crab Safari

Board on a rib boat and witness the moment our host harvest Nordic Crab. With the stories about marine life, head back to restaurant for an Nordic Crab feast!

Today, proceed to airport for a short flight to **Oslo, the capital city of Norway.**

## DAY 8 Oslo

(Hotel Breakfast / - / Seafood Platter)

### Oslo City Tour

Visit to **Vigeland Park**, the world's largest sculpture park consisting more than 200 sculptures in bronze, granite and wrought iron created by Gustav Vigeland. Lastly, drives through the city to view **Oslo City Hall.**

In the evening, bid farewell to Norway enjoy a sumptuous **Norwegian seafood platter** in elegant restaurant.

## DAY 9 Oslo / Depart Home

(Hotel Breakfast / - / -)

### Leisurely in Oslo

Free and leisure in city centre of Oslo. Shopping at Oslo's shopping precincts and **Karl Johans Gate** pedestrian street.

After that, transfer to airport for flight home.

## DAY 10 Arrival home

Arrive home with sweet memories.



Seafood Platter



Bergsbotn Elevated Viewing Platform



Vigeland Park



LOFOTEN  
罗弗敦

莱克内斯  
Leknes

北欧  
Reine

斯沃尔韦尔  
Svolvær

斯塔姆松  
Stamsund

塞尼亚港口  
Senja

特罗姆瑟  
Tromsø

巴尔迪  
Bardu

NORWAY  
挪威

International Flight  
国际航班

Inter-Nordic Flight  
北欧飞行

Coach  
长途汽车

OUT

IN

奥斯陆  
Oslo

## 北极光现象

北极光是一种自然现象，取决于原子激发及加上晴朗的天空，将可以在夜空中出现绚丽多彩的极光。我们必须澄清，这完全取决于天气自然条件而我们无法担保极光的呈现。

### 第1天 从吉隆坡国际机场出发

### 第2天 抵达奥斯陆 ✈️ 特罗姆瑟

(- / 酒店晚餐)

### 第3天 特罗姆瑟

(酒店早餐 / 道地午餐 / 酒店晚餐)

#### 驯鹿牧场体验

经过沿海车程到达郊外的萨米人驯鹿营，感受传统萨米牧人的生活。除了有机会体验短暂的驯鹿雪橇之外，您可在此与可爱的驯鹿做近距离接触。这将是您流连忘返，必生的北极圈体验！

9月至10月期间，驯鹿雪橇因无法进行，所以将由萨米文化之旅取代。造访他们的家，透过讲述的故事了解更多的萨米文化。此外，也包括了入内参观萨米博物馆。

#### 特罗姆瑟市之旅

带您探索特罗姆瑟，北极圈内的极美之城。来到**北极星水族馆**，我们除了认识北极斯瓦尔巴群岛的海洋生物，更可以体验震撼视觉感官的5屏幕全景电影、漫步“北极走廊”认知各种冰川现象，最后再户外水池观赏可爱的海豹。接着，参观拥有“挪威歌剧院”美誉的**北极大教堂**。

#### 探索“自然现象”，斯托尔斯坦恩山



来到斯托尔斯坦恩山脚下，乘坐缆车登上山顶的**斯托尔斯坦恩山观景台**，整个特罗姆瑟便在你眼前一览无遗。我们将在此尽享冬季里无比美妙的**北极光现象**。(视天气情况而定)

### 第4天 特罗姆瑟 - 179公里 - 塞尼亚港口

(酒店早餐 / 道地午餐 / 酒店晚餐)

#### 塞尼亚岛景区路线

早餐后，我们将行驶于挪威最美风景路线，朝田园风情的塞尼亚港口前进。沿途不忘走访各特色景点：**Tungeneset走道**、划破天际**Okshornan顶峰**及**Bergsbotn观景台**，尽享山海相依的壮丽景色。

### 第5天 塞尼亚港口 - 134公里 - 巴尔迪 - 273公里 - 斯沃尔韦尔

(酒店早餐 / 自助式午餐 / 酒店晚餐)

#### 极地野生动物园，巴尔迪

群山之中的**极地野生动物园**，也是世界上最北端的野生动物园。动物园里居住了很多北极圈内的哺乳动物如棕熊、狼、猞猁、驯鹿和麝牛，不同于普通动物园，这里的动物们可是享有优厚的居住条件与自由活动空间。

(由于动物自由活动于开放园区，因此我们无法预期，也无法保证它们的出现。)

### 第6天 斯沃尔韦尔 - 25公里 - 亨宁斯韦尔 - 113公里 - 雷纳 - 69公里 - 斯塔姆松

(酒店早餐 / 道地午餐 / 酒店晚餐)

#### 罗弗敦群岛之旅

今天，我们将驱车前往亨宁斯韦尔，感受这座拥有“罗弗敦威尼斯”美誉的静谧小渔村。接着参观**罗弗敦维京博物馆**，走入传统的维京长屋及维京人的物品，一览千年前维京人的生活形态，您甚至可在此浅尝维京式的生活。

继续前往**雷纳村庄**，无数红白色的渔民小屋延绵于海岸线，背后是多座险峻山峰的雷因峡湾，而小镇依附在这壮丽的山海间，名副其实世界上最美丽的地方。

### 第7天 斯塔姆松 - 16公里 - 莱克内斯 ✈️ 奥斯陆

(酒店早餐 / 北欧蟹午餐 / 酒店晚餐)

#### 捕捉北欧蟹之旅

披上保暖服，我们将乘坐快艇出海前往**北欧蟹捕捉地点**。届时经验丰富的导游将展示探视捕捉螃蟹技巧，捕获一大满篮子的螃蟹与其它新鲜海鲜让我们带回餐厅烹煮享用！

午餐后送往机场，乘搭内陆航班飞往挪威首都，**奥斯陆**。

### 第8天 奥斯陆

(酒店早餐 / - / 海鲜拼盘晚餐)

#### 奥斯陆市区观光

今早参观的**维格朗雕塑公园**，拥有超过200座栩栩生辉的青铜与花岗岩雕像，皆出自雕琢大师古斯塔夫·维格朗之手。之后，驱车游览城市景色风光，沿途经由**奥斯陆市政厅**。

在告别挪威前，在优雅的餐厅享用丰盛的**挪威海鲜拼盘**。

### 第9天 奥斯陆 / 返回家园

(酒店早餐 / - / -)

#### 奥斯陆休闲游

抵达后，我们将前往著名的商业街——**卡尔约翰大道**观光，之后返回酒店休息。

最后，我们将前往机场乘搭班机返回家园。

### 第10天 抵达家园

带着难忘又美好的回忆抵达家园。





Henningsvær



Lofoten Viking Museum



Crab Safari by RIB Boat with Nordic Crab Lunch



Tromsø City



## HIGHLIGHTS 行程亮点

- ❖ Reindeer Safari
- ❖ Polaria Aquarium, Tromso
- ❖ Arctic Cathedral
- ❖ Cable Car to Mt. Storsteinen
- Senja Scenic Route
- Lofoten Islands Tour Experience
- ❖ Polar Park, Bardu
- ❖ Lofoten Viking Museum
- ❖ Crab Safari by Rib Boat
- Vigeland Park
- ❖ Note: Entrance Tickets/ Fees are included.
- ❖ 驯鹿牧场体验
- ❖ 北极星水族馆, 特罗姆瑟
- ❖ 北极大教堂
- ❖ 斯托尔斯坦恩山缆车
- 塞尼亚岛景区之旅
- 罗弗敦群岛游
- ❖ 极地野生动物园, 巴尔迪
- ❖ 罗弗敦维京博物馆
- ❖ 乘坐快艇捕捉北欧蟹之旅
- 维格朗雕刻公园
- ❖ 注释: 已包含景点门票/费用

## INTER-NORDIC FLIGHT 北欧内陆航班

- Oslo ✈️ Tromso
- Leknes ✈️ Oslo
- 奥斯陆 ✈️ 特罗姆瑟
- 莱克内斯 ✈️ 奥斯陆

## MEAL PLAN 餐饮安排

- Nordic Crab
- Catch of the Day, Lofoten
- Norwegian Cod Fish
- Seafood Platter

Note: If the restaurant(s) above closed for private events, it will be replaced by other alternatives.

- 新鲜北欧蟹
- 当日所捕捞的新鲜挪威鱼, 罗弗敦
- 挪威鳕鱼
- 海鲜拼盘

注释: 若以上餐馆因私人活动而关闭, 届时将以其他餐馆取代。

Number of Meals:  
Lunch - 5  
Dinner - 7

餐饮数量:  
午餐 - 5  
晚餐 - 7

## ACCOMMODATIONS 住宿

STAY 住宿	LOCATION 地点	HOTEL 酒店	RATED 等级
2Nights 2晚	Tromso 特罗姆瑟	Radisson Blu Hotel 丽笙布鲁	4* or similar 4* 或同级
1Nights 1晚	Senja 塞尼亚	Hamn I Senja Hotel 塞尼亚岛港口	4* or similar 4* 或同级
1Night 1晚	Svolvær 斯沃尔韦尔	Thon Hotel Lofoten 挪威罗弗敦索恩	4* or similar 4* 或同级
1Night 1晚	Stamsund 斯塔姆松	Live Lofoten Hotel	4* or similar 4* 或同级
2Nights 2晚	Oslo 奥斯陆	Radisson Blu Scandinavia / Thon Hotel Opera 纳维亚丽笙 / 索恩会议	4* or similar 4* 或同级

\*Complimentary Wi-Fi services in hotel lobby. (In-room Wi-Fi subject to hotel availability) \*酒店大厅均提供免费无线网络。(客房网络服务则因酒店而异)

Note: Daily hot breakfast served in all hotels 注释: 所有酒店每日供应热早餐

### Travel Essentials:

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.

Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

### Terms & Conditions:

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
  2. AVSB reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
  3. AVSB is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; AVSB reserves the right to make corrections as required.
  4. Every person participating in AVSB's tours shall travel at his/her own risk. AVSB shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
  5. For other terms & conditions, refer overleaf of invoice or visit <https://www.applevacations.my/web/terms.php>
  6. All pictures shown are for illustration purpose only.
- Note: AVSB refers to Apple Vacations Sdn. Bhd.

### 旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起), 并且取得必要的签证和准证。旅游保险 - 出发前, 建议您购买全面的旅游保险。

### 条款:

1. 行程、膳食、酒店住宿和交通可能会有所更改, 恕不另行通知。
2. 若出现无法预测的特殊情况, 特别是在旅游旺季期间, 苹果旅游将保留更改或取消行程的权利。
3. 若苹果旅游的宣传手册或任何传播媒介, 出现任何形式的印刷失误或遗漏, 本公司一概不负责, 并且保留更正的权利。
4. 每位参与苹果旅游团的成员, 必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如: 交通延误/取消、天气、疾病、示威、战争等等), 因而引发额外支出的问题, 苹果旅游一概不负责, 旅客需自行负责额外的费用。
5. 详情条款, 请参阅单据背页或浏览 <https://www.applevacations.my/web/terms.php>
6. 以上图片仅供参考, 请以实物为准。

### 欧美团 - 附加条款:

1. 所有行程以英文讲解为主。若有需要, 将提供简单的中文或粤语翻译。
2. 三人房-房内第三名住客的床褥, 将以折叠式为准。(仅限于欧洲及其他国家行程)
3. 三人房均以两张双人床为准, 恕不添加折叠式床褥。(仅限于美国行程, 唯夏威夷除外)
4. 三人房均以折叠式床褥为准, 仅供两位成人及一位小孩 (十二岁以下)。若三位成人入住, 则须订购两间客房并填补差价。(仅限于全南非洲行程, 唯肯尼亚与摩洛哥除外)

For Agent Use Only:

Updated Date: MAR 2024