

10D7N

Itinerary
recommended by
Switzerland Tourism.



APPLE®

EUROPE 欧洲



STUNNING SWITZERLAND

'ALPS' OLUTELY BEAUTIFUL!

2025

惊艳**瑞士**“阿尔卑斯”震撼难忘之游!

苏黎世 | 瓦杜兹 | 圣莫里茨 | 卢加诺 | 采尔马特 | 日内瓦湖地区 |
冰川3000 | 格吕耶尔 | 伯尔尼

ZURICH | VADUZ | ST MORITZ | LUGANO | ZERMATT | LAKE GENEVA REGION |
GLACIER 3000 | GRUYÈRES | BERN



Bernina Express Route

The Bernina Express is a train connecting Chur in Switzerland to Poschiavo in Switzerland and Tirano in Italy by crossing the Swiss Engadin Alps. For most of its journey, the train also runs along the World Heritage Site known as the Rhaetian Railway in the Albula / Bernina Landscapes.

伯尔尼纳快车路线

伯尔尼纳快车是一辆连接着瑞士的库尔和波斯基亚沃以及意大利的蒂拉诺的火车，途中会越过瑞士恩加丁阿尔卑斯山。另外，其大部分的行驶路线是沿着《世界遗产》——雷蒂亚铁路，位于阿尔不拉/伯尔尼纳地区。

Zürich: Where history meets modernity,
and nature meets urbanity.



Zürich
苏黎世

DAY 1

DEPART FROM KLIA

DAY 2

ARRIVE IN ZÜRICH

Western Dinner

Zürich Orientation Tour (Switzerland)

Have a short orientation tour of Switzerland's financial centre, Zürich with a photo stop at the **Lindenhof Hill**, main downtown street **Bahnhofstrasse**, and the pedestrian **Niederdorf** old town.

DAY 3

ZÜRICH -108KM-
VADUZ -124KM-
ST. MORITZ REGION

Hotel Breakfast / Chinese Lunch / Hotel Dinner

Vaduz Tour (Liechtenstein)

Depart to **Vaduz**, the capital city of Liechtenstein, a country snuggled between Switzerland and Austria. Its cathedral is the seat of the Roman Catholic Archbishop of Vaduz. The highlight of the tour includes the **Stamp Museum** of Liechtenstein.

Move onward to the lovely Engadine region.

DAY 4

ST. MORITZ REGION
TIRANO -130KM-
LUGANO

Hotel Breakfast / - / Western Dinner

St. Moritz Resort Village, Engadine (Switzerland)

One of the world's most famous holiday resort. Stroll along the lakeside and treat your eyes to a panoramic view of great blue mountain lakes and endless rows of white mountains on this pristine haven located over 1,800m above sea level.

Bernina Express Route <St. Moritz to Tirano>

One of the highlights of this trip follows as you board the **Bernina Express** for a scintillating scenic train ride over the top of the Alps before making a spectacular descent to the plains of neighbouring Italy. The vistas promise to charm and leave an ever-lasting impression.

Disembark from the train at Tirano and head towards **Lugano**.

DAY 5

LUGANO -255KM-
ZERMATT

Hotel Breakfast / - / Hotel Dinner

Lugano Orientation Tour (Switzerland)

Relax at the southern tip of Switzerland and spend time at the flower-festooned **Piazza della Riforma**—a huge café-lined square and Via Nassa.

DAY 6

ZERMATT -168KM-
LAUSANNE

Hotel Breakfast / - / Western Dinner

Zermatt & Matterhorn Viewing Tour (Switzerland)

Enjoy the real alpine Switzerland feel in car-free **Zermatt Village**, a picturesque cluster of rustic chalets beneath the Matterhorn. Stroll through the village and discover your favourite Zermatt and Matterhorn photo spots.

No trip here is complete without boarding Europe's highest rack railway to 3,131m above sea level Gornergrat for a breathtaking close-up view of the iconic **Matterhorn**, Switzerland's most famous Alpine Peak.

DAY 7

LAUSANNE -70KM-
GLACIER 3000 -40KM-
MONTREUX -30KM-
LAUSANNE

Hotel Breakfast / Western Lunch / Chinese Dinner

Glacier 3000, Gstaad (Switzerland)

Ascend to the glacier via a panoramic cable car ride from Col du Pillon. On top, enjoy a spectacular view of the most beautiful Alpine Peaks from the most remarkable **viewpoints**. Take the **Ice Express Chairlift** to board the **Snow Bus** for a ride over eternal snow. The brave hearts would not want to miss the thrilling **Alpine Coaster** ride (at own costs when operational). *(Every year Oct - Nov, there's an installation maintenance in Glacier 3000 and the tour will be replaced at another mountain.)*

Montreux Tour (Switzerland)

Stroll the elegant **Lakeside Promenade Fleuri**, **Montreux** along the pristine **Lake Geneva** and look out for the statue of the late Queen Frontman, Freddie Mercury. A few km away, photostop at the medieval **Chillon Castle**, one of Europe's most famous castles.

Gornergrat Railway
戈尔内格拉特火车

DAY 8

LAUSANNE -55KM-
GRUYÈRES -65KM- BERN

Hotel Breakfast / Western Lunch / Chinese Dinner

Lavaux Vineyard Terraces Tour (Switzerland)

Take the **vineyard train** that weaves between the vineyard terraces and absorb the marvellous views of the vineyard with the sparkling lake and snow-capped mountains in the background. Complete the visit with **wine tasting** at one of the elegant cellars.

Gruyères & Broc Tour (Switzerland)

Explore the fantastic medieval pedestrian village of Gruyère with the imposing Gruyère Castle at the top and a Franciscan monastery nearby. Next, attend a demonstration at **cheese dairy factory**, La Maison Du Gruyere. Lastly, enter the **Cailler-Nestle Chocolate Factory** in Broc for a visit that encompasses viewing a show, touring the production line and satisfying your cravings in the chocolate tasting section.

DAY 9

BERN -127KM- ZÜRICH /
DEPART FOR HOME

Hotel Breakfast / Western Lunch / -

Bern City Tour (Switzerland)

Wander around the UNESCO World Heritage Site **Old Town** by River Aare. Browse part of the 6km covered shopping arcade, view **Zytglogge Clock Tower**, take in the panoramic view of Old Town from **Rosengarten** and warm up to the lovely bears in **Bear Park** to complete the tour of Switzerland's capital city. Transfer to the airport for the evening flight home.

DAY 10

ARRIVAL HOME

Arrival home with sweet memories.



苏黎世：历史与现代交汇，自然与城市相遇。



Bernina Express Route
伯尔尼纳快车路线

St. Moritz - Tirano
圣莫里茨 - 蒂拉诺



Glacier 3000
冰川3000



Zermatt Village
采尔马特村

第1天

从吉隆坡国际机场出发

第2天

抵达苏黎世

🍴 西式晚餐

苏黎世悠闲游 (瑞士)

在瑞士金融中心——苏黎世进行导览后，前往林登霍夫山丘一览充满魅力的旧城区和世界上最昂贵的购物大道之一的班霍夫大道。

第3天

苏黎世 -108公里- 瓦杜兹
-124公里- 圣莫里茨区

🍴 酒店早餐 / 中式午餐 / 酒店晚餐

瓦杜兹游 (列支敦士登)

出发前往列支敦士登的首都——瓦杜兹。列支敦士登，位于瑞士与奥地利之间，此行的亮点包括参观瓦杜兹罗马天主教堂和不容错过的列支敦士登邮票博物馆。随后，继续前往美丽的恩加丁。

第4天

圣莫里茨区 -130公里- 蒂拉诺
-卢加诺

🍴 酒店早餐 / - / 西式晚餐

圣莫里茨度假村，恩加丁 (瑞士)

世界著名的度假胜地之一。沿着湖畔漫步，欣赏一望无际的高山湖泊和无止尽的白色山峰。如此天堂般的景色位于海拔逾1,800米处。

伯尔尼纳快车《圣莫里茨到蒂拉诺》

此趟旅程的要点之一，乘坐伯尔尼纳列车穿越阿尔卑斯山观赏壮丽的高山美景，直达邻近意大利平原，绝对让您留下难以忘怀的回忆。

从蒂拉诺下车后，继续往卢加诺方向行驶。

第5天

卢加诺 -255公里- 采尔马特

🍴 酒店早餐 / - / 酒店晚餐

卢加诺休闲之旅 (瑞士)

在瑞士南端，一个鲜花朵朵和咖啡馆林立的利弗尔马广场享受休闲时光。

第6天

采尔马特 -168公里- 洛桑

🍴 酒店早餐 / - / 西式晚餐

采尔马特和马特宏峰观景游 (瑞士)

在禁止车辆通行的采尔马特村享受真正的瑞士阿尔卑斯风情。在马特宏峰的衬托下的乡村小屋，风景如画。漫步穿梭在村庄中并和其拍照留念。

登上戈内格特火车到达欧洲海拔最高的齿轮铁路（约3,131米），近距离欣赏瑞士著名阿尔卑斯山峰——马特宏峰。

第7天

洛桑 -70公里- 冰川3000
-40公里- 蒙特勒 -30公里- 洛桑

🍴 酒店早餐 / 西式午餐 / 中式晚餐

冰川3000，格施塔德 (瑞士)

从皮永山乘坐全景缆车登上冰川，在山顶观景台俯瞰阿尔卑斯山的壮丽景色。接着，乘坐冰川特快座椅缆车登上雪地巴士，在一片白茫茫的雪地里畅游。胆大一族一定不要错过惊险刺激的高山过山车（如运营，需自费参加）。（每年10月-11月，冰川3000都会进行维护，因此行程将更换到其他雪山。）

蒙特勒 (瑞士)

沿着纯净的日内瓦湖，漫步于景色优美的蒙特勒湖畔并寻找已故摇滚乐队主唱 - 弗雷迪·默丘里的个人雕像。距离数公里外，与欧洲著名的中世纪城堡——西庸城堡拍照留念。



Chillon Castle
西庸城堡

第8天

洛桑 -55公里- 格吕耶尔
-65公里- 伯尔尼

🍴 酒店早餐 / 西式午餐 / 中式晚餐

拉沃葡萄园之旅 (瑞士)

乘坐葡萄园小火车在葡萄园梯田之间穿行。欣赏以波光粼粼的湖泊和白雪皑皑的雪山为背景的迷人景色后，在其中一间的酒窖品尝美酒。

格吕耶尔及布罗克游 (瑞士)

探索中世纪的格吕耶尔，一览气势雄伟的格吕耶尔城堡和毗邻的圣方济修道院。随后，进入格吕耶尔奶酪厂了解乳制品的制作，以及参观凯雀巢巧克力工厂如何制作巧克力并品尝。

第9天

伯尔尼 -127公里- 苏黎世 / 返回家园

🍴 酒店早餐 / 西式午餐 / -

伯尔尼城市之旅 (瑞士)

漫游与阿勒河畔毗邻并为世界遗产的老城区，游览约6公里长的拱廊商业街，观赏钟塔，且从玫瑰公园俯视老城全景，以及到熊公园和可爱的熊拍照。

傍晚，送往机场乘搭航班返回家园。

第10天

抵达家园

带着甜蜜回忆抵达家园。



Bear Park
熊公园

行程亮点 HIGHLIGHTS

- Stamp Museum, Vaduz
- Bernina Express Train
- Return Train to Gornergrat
- Glacier 3000 Experience
- Chillon Castle
- Lavaux Vineyard Train & Wine Tasting
- La Maison du Gruyère Cheese Factory
- Cailler-Nestle Chocolate Factory
- Note: Entrance tickets / fees are included

- 邮票博物馆, 瓦杜兹
- 伯尔尼纳列车
- 往返戈尔内格拉特列车
- 冰川3000雪山体验
- 西庸城堡
- 拉沃葡萄园小火车&品尝美酒
- 格吕耶尔奶酪厂
- 凯雅雀巢巧克力厂
- 注释: 已包含入门票 / 费用

食宿 MEAL & ACCOMMODATION

- Alpen Schintzel Menu
- Air Dried Beef
- Cheese Fondue
- Swiss Raclette

- 阿尔卑斯炸猪排餐
- 风干牛肉
- 奶酪火锅
- 瑞士芝士板烧

Number of Meals:
Lunch - 4 Dinner - 7

餐饮数量:
午餐 - 4 晚餐 - 7

STAY 留宿	LOCATION 地点	RECOMMENDED ACCOMMODATION 推荐酒店	RATED 等级
1Night 1晚	Zurich 苏黎世	Hilton Zurich Airport 希尔顿苏黎世机场酒店	★★★★
1Night 1晚	St. Moritz Region 圣莫里茨区	Hotel Laudinella 劳迪内拉酒店	★★★★
1Night 1晚	Lugano 卢加诺	Hotel City Lugano 卢加诺城市酒店	★★★★
1Night 1晚	Zermatt 采尔马特	Hotel Schweizerhof 斯奇维泽尔霍夫酒店	★★★★
2Nights 2晚	Lausanne 洛桑	Movenpick Hotel 瑞享酒店	★★★★
1Night 1晚	Bern 伯尔尼	Swissotel Kursaal Bern 库尔萨阿尔伯尔尼瑞士酒店	★★★★

*餐饮与酒店会随着季节与当时情况, 作最适当的调整。

*Meals & hotels above are subject to change without prior notice.



Lavaux Wine Tasting
拉沃葡萄园品鉴



Cheese Fondue
奶酪火锅

Travel Essentials:

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.

Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

Terms & Conditions:

- Itineraries, meals, hotels and transportation are subject to change without prior notice.
- AVSB reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
- AVSB is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; AVSB reserves the right to make corrections as required.
- Every person participating in AVSB's tours shall travel at his/her own risk. AVSB shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
- For other terms & conditions, refer overleaf of invoice or visit <https://www.applevacations.my/web/terms.php>
- All pictures shown are for illustration purpose only.

Note: AVSB refers to Apple Vacations Sdn. Bhd.

West Tours - Additional Terms & Conditions:

- Tours are conducted in English, with simple translations in Mandarin or Cantonese if required.
- Triple Room - the third person shall be based on a roll-away bed. (Applies to itineraries of Europe & Other Countries)
- Triple Room is based on two double beds. (Applies to America itineraries, except Hawaii)
- Triple Room only allows 2 Adults and 1 Child, with a roll-away bed for the child. For 3 adults, two rooms will be required, with one person paying the Single Supplement. (Applies to South Africa itineraries only, except Kenya & Morocco)

旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起), 并且取得必要的签证和准证。

旅游保险 - 出发前, 建议您购买全面的旅游保险。

条款:

- 行程、膳食、酒店住宿和交通可能会有所变动, 恕不另行通知。
- 若出现无法预测的特殊情况, 特别是在旅游旺季期间, 苹果旅游将保留更改或取消行程的权利。
- 若苹果旅游的宣传手册或任何传播媒介, 出现任何形式的印刷失误或遗漏, 本公司一概不负责, 并且保留更正的权利。
- 每位参与苹果旅游团的成员, 必须为自身安全或行为负责。若出现无法预测的特殊情况(例如: 交通延误/取消、天气、疾病、示威、战争等等), 因而引发额外支出的问题, 苹果旅游一概不负责, 旅客需自行负责额外的费用。
- 详情条款, 请参阅单据背面或浏览 <https://www.applevacations.my/web/terms.php>
- 以上图片仅供参考, 请以实物为准。

欧美团 - 附加条款:

- 所有行程以英文讲解为主。若有需要, 将提供简单的中文或粤语翻译。
- 三人房-房内第三名住客的床褥, 将以折叠式为准。(仅限于欧洲及其他国家行程)
- 三人房均以两张双人床为准, 恕不添加折叠式床褥。(仅限于美国行程, 唯夏威夷除外)
- 三人房均以折叠式床褥为准, 仅供两位成人及一位小孩(十二岁以下)。若三位成人入住, 则须订购两间客房并填补差价。(仅限于全南非洲行程, 唯肯尼亚与摩洛哥除外)

For Agent Use Only:

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EUSSZ10-003

Where the Alps meet adventure, Switzerland is a symphony of snow-capped peaks, pristine lakes, and unforgettable moments.

在阿尔卑斯山和冒险相遇的地方, 瑞士是一场雪峰, 湖泊和难忘时刻的交响乐。