

12D10N



SOUTH ASIA 南亚



WALKING IN PAKISTAN

JOURNEY TO THE ROOF OF THE WORLD

行走在巴基斯坦世界屋脊之旅

伊斯兰堡 | 纳兰 | 吉尔吉特 | 罕萨山谷 | 斯卡都

ISLAMABAD | NARAN | GILGIT | HUNZA VALLEY | SKARDU



Hunza Valley

A mountainous area that is well-known for its primitive view of nature. Khunjerab Pass, which is the highest international paved border in the world is located here, people are here to enjoy the magnificent view of the snow-capped peaks.

罕萨山谷

罕萨山谷因具有原始面貌的自然景观而闻名。在世界上最高的国际铺设边境——红其拉甫口岸，可以将雪山峰的宏伟自然风景尽收眼底。

Let the turquoise tranquility of Attabad Lake captivate your soul, as nature paints its masterpiece in the heart of Pakistan's mountains.

📍 Attabad Lake
📍 阿塔巴德湖

DAY 1 📍 KUALA LUMPUR ✕ ISLAMABAD, PAKISTAN

🏠 MOB

Assemble at Kuala Lumpur International Airport for your flight to **Islamabad**, Pakistan. Once arrival at the airport, you will transfer directly to the hotel in Islamabad and check in.

DAY 2 📍 ISLAMABAD -45MINS- TAXILA -4HRS- NARAN

🏠 Hotel Breakfast / Lunch / Dinner

Depart from **Islamabad** to **Taxila**. Visit **Taxila Museum** to see Buddhist artifacts. Explore Julian, a nearby site with ruins of a monastery. Have lunch and visit Khanpur Dam for sports activities. Drive on KKH to **Naran** and check into the hotel to conclude the tour.



📍 Taxila Museum
📍 塔克西拉博物馆

DAY 3 📍 NARAN -6HRS- GILGIT

🏠 Hotel Breakfast / Lunch / Dinner

Today takes you on a scenic drive on the **Karakoram Highway**, one of the highest paved roads in the world. You'll travel along the **Indus River**, passing through the stunning Kohistan valley and stopping at several interesting sites along the way, **Lulusar Lake** and **Nanga Prabat** view point.

DAY 4 📍 GILGIT -3HRS- ATTABAD LAKE

🏠 Hotel Breakfast / Lunch / Dinner

Embark on a scenic journey from **Gilgit** to **Hunza** and explore ancient petroglyphs, breathtaking viewpoints, and historical sites. Learn about the rich history and culture of the region while taking in stunning views of the mountains and rivers, stopping at **Rakaposhi view point** and old silk road for stunning views of the mountain. We will also visit Kargah Buddha too. The journey will end at **Attabad Lake**, known for its breathtaking blue-green waters. Take in stunning views of the **Rakaposhi mountain**, one of the highest peaks in the Karakoram range.



📍 Attabad Lake
📍 阿塔巴德湖

DAY 5 📍 HUNZA VALLEY

🏠 Hotel Breakfast / Lunch / Dinner

After breakfast, boat ride at Attabad Lake and **Hussaini Bridge** for stunning views. Visit **Gulmit village** to learn about the local culture. Explore Borith Lake and hike to **Passu Glacier** for breathtaking views. Return to the hotel and relax while admiring the scenic views of the mountains and glaciers at Attabad Lake.



📍 Hussaini Bridge
📍 侯赛尼桥

DAY 6 📍 ATTABAD LAKE -3HRS- KHUNJERAB PASS -3HRS- ATTABAD LAKE

🏠 Hotel Breakfast / Lunch / Dinner

Start the journey to **Khunjerab Pass**. Visit Sust village and its historical landmarks. Stop at the scenic "**Pak-China friendship border**" before reaching Khunjerab Pass.

Reach Khunjerab Pass, the highest international paved border in the world, and enjoy the spectacular views of the **snow-capped peaks** of the Karakoram range. Return to Attabad Lake by evening to end the tour.

**Bring warm clothing, as it can get chilly at high altitudes. Wear comfortable walking shoes. The itinerary is subject to change depending on weather and road conditions.*



📍 Indus River
📍 印度河



📍 Passu Glacier
📍 帕苏冰川



DAY 7

HUNZA VALLEY

🍴 Hotel Breakfast / Lunch / Dinner

Today's journey through Hunza valley includes visits to Hoper valley, and the renowned Hoper Glacier. Explore the historic **Baltit forts**, and have leisure time to explore the local karimabad bazaar. Hike to **Duikar viewpoint** for a mesmerizing sunset view, capturing the golden light on the snow-capped peaks.

**Travellers should be prepared for some walking during the day, especially when exploring the forts and villages.*



📍 Baltit Fort
📍 巴尔蒂特堡

DAY 8

HUNZA VALLEY -5HRS- SKARDU

🍴 Hotel Breakfast / Lunch / Dinner

Enjoy a picturesque day drive from Hunza Valley to **Skardu**, passing through the famous Karakoram Highway and the Jaglote Skardu Road, along with the beautiful Indus River. Experience the stunning natural beauty of the region, explore the **Rondu Valley** and its charming villages with unique perched houses, and learn about the area's rich history.



📍 Rondu Valley
📍 隆杜山谷



📍 Shangri-La Lake
📍 香格里拉湖

DAY 9

SKARDU -1HR- SHIGAR VALLEY -1HR- SKARDU

🍴 Hotel Breakfast / Lunch / Dinner

Today embark on a journey to discover the stunning natural beauty and rich cultural heritage of Skardu. We will visit buddha rock, **Shigar Valley** and boating on **Shangrila Lake** you'll get a taste of everything these valleys have to offer. The itinerary also includes visits to the beautiful Apricot Gardens.



📍 Upper Kachura Lake
📍 上卡丘拉湖

DAY 10

SKARDU ✕ ISLAMABAD

🍴 Hotel Breakfast/ Local Lunch/ Hotel Dinner

Today will take a flight from Skardu to **Islamabad**, where you'll will experience the beauty of the Karakoram Hindukush and Himalayan range. You'll enjoy a panoramic aerial view of the mountain during your flight.

DAY 11

ISLAMABAD ✕ KUALA LUMPUR

🍴 Hotel Breakfast/ Local Lunch/ Hotel Dinner

Explore the cultural highlights of Islamabad, including a visit to Masjid Shah Faisal, **Pakistan Monument**, and experiencing the cultural heritage and traditions of Pakistan at **Lok Virsa Museum** and Daman-e-Koh view point.

DAY 12

ARRIVAL HOME

Arrival home with sweet memories.



📍 Masjid Shah Faisal
📍 沙阿费萨尔清真寺



📍 Khunjerab Pass
📍 红其拉甫口岸



📍 Attabad Lake
📍 阿塔巴德湖



📍 Passu Cones
📍 帕苏锥



📍 Pakistan Monument
📍 巴基斯坦纪念碑



📍 Nanga Parbat
📍 南迦·帕尔巴特峰



📍 Northern Pakistan
📍 巴基斯坦北部

让阿塔巴德湖碧绿的
宁静吸引您的灵魂，
大自然在巴基斯坦山区
的中心描绘出它的杰作。

Rakaposhi Mountain
拉卡波希峰山

第1天

从吉隆坡国际机场出发 ✕
伊斯兰堡, 巴基斯坦

第2天

伊斯兰堡 -45分钟-
塔克西拉 -4小时- 纳兰

酒店早餐 / 午餐 / 晚餐

从伊斯兰堡出发前往塔克西拉。参观塔克西拉博物馆，观赏佛教文物。探索附近的朱利安，这里有一座修道院。午餐后，参观坎布尔大坝进行体育活动。驱车前往纳兰，然后入住酒店以结束旅程。



Karakoram Highway
喀喇昆仑公路

第3天

纳兰 -6小时- 吉尔吉特

酒店早餐 / 午餐 / 晚餐

今天，您将在喀喇昆仑公路上欣赏风景，这是世界上海拔最高的铺设的公路之一。您将沿着印度河行驶，穿过令人惊叹的科希斯坦山谷，途中停留参观几个有趣的景点，卢鲁萨湖和南迦帕尔巴特观景点停留。

第4天

吉尔吉特 -3小时-
阿塔巴德湖

酒店早餐 / 午餐 / 晚餐

从吉尔吉特出发，踏上一段壮丽的旅程，前往罕萨，途中探索古老的岩画、令人惊叹的景点和历史遗迹。在欣赏山脉和河流的壮丽景色的同时，了解该地区丰富的历史和文化。在拉卡波希峰观景点和旧丝绸之路上停留，欣赏拉卡波希峰山的壮丽景色。我们还将参观卡尔加佛。旅程将在阿塔巴德湖结束，这里以令人惊叹的蓝绿色湖水而闻名。欣赏喀喇昆仑山脉最高峰之一拉卡波希峰山的壮丽景色。

第5天

罕萨山谷

酒店早餐 / 午餐 / 晚餐

早餐后，乘船在阿塔巴德湖和胡塞尼大桥，欣赏壮丽的景色。参观古尔米特村了解当地文化。探索博里斯湖并徒步到帕苏冰川欣赏惊人的美景。返回酒店，同时欣赏阿塔巴德湖山脉和冰川的美景。



Gurmit Village
古尔米特村

第6天

阿塔巴德湖 -3小时-
红其拉甫口岸 -3小时-
阿塔巴德湖

酒店早餐 / 午餐 / 晚餐

开始前往红其拉甫口岸之旅。参观索斯特村和其历史遗迹。在到达红其拉甫口岸之前，停留在风景优美的“巴基斯坦-中国友谊边境”。到达红其拉甫口岸，这是世界上最高的国际铺设边境，欣赏喀喇昆仑山脉白雪皑皑的山峰的壮丽景色。晚上返回阿塔巴德湖结束旅行。

注意事项：请携带保暖衣物，因为高海拔地区可能会感到寒冷。请穿着舒适的步行鞋。行程可能会因天气和道路状况而有所变化。

第7天

罕萨山谷

酒店早餐 / 午餐 / 晚餐

今天的旅程穿越罕萨山谷，包括参观霍珀尔山谷和著名的霍珀冰川。探索巴尔提特堡垒的历史遗迹，并有空闲时间探索当地卡里马巴德集市。徒步到杜尔卡观景点，欣赏迷人的日落美景，捕捉雪山上的金色光芒。

注意事项：旅行者应准备好在白天进行一些步行，特别是在探索堡垒和村庄时。



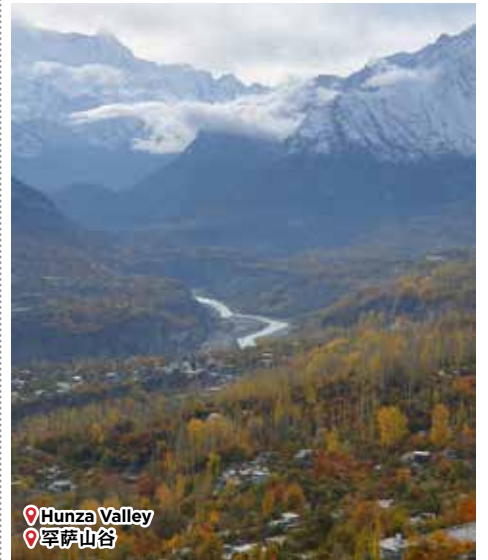
Gilgit
吉尔吉特

第8天

罕萨山谷 -5小时- 斯卡都

酒店早餐 / 午餐 / 晚餐

欣赏一天的风景车驾驶从罕萨山谷到斯卡都，经过喀喇昆仑公路和贾格洛斯卡都，以及美丽的印度河。体验该地区令人惊叹的自然美景，探索隆杜山谷及其迷人的村庄，并了解该地区丰富的历史。



Hunza Valley
罕萨山谷

第9天

斯卡都 -1小时- 希格尔山谷
-1小时- 斯卡都

酒店早餐 / 午餐 / 晚餐

今天开始踏上了探索斯卡都壮丽自然风光和丰富文化遗产的旅程。我们将参观佛陀岩、希格尔山谷和在香格里拉湖上划船，您将体验到这些山谷所提供的一切。行程还包括参观美丽的杏花园以及午餐。

第10天

斯卡都 ✕ 伊斯兰堡

酒店早餐 / 午餐 / 晚餐

今天将从斯卡都飞往伊斯兰堡，在那里您将体验兴都库什山脉和喜马拉雅山脉的美丽。您将在飞行过程中享受到这些山脉的全景航空美景。

第11天

伊斯兰堡 ✕ 吉隆坡

酒店早餐 / 午餐 / 晚餐

探索伊斯兰堡的文化亮点，包括参观费萨尔清真寺、巴基斯坦纪念碑，并在洛克维萨博物馆和达曼岛观景点体验巴基斯坦的文化遗产和传统。

第12天

抵达家园

带着美好的回忆回家。

行程亮点 HIGHLIGHTS

- Explore Northern Pakistan's wonders
- Breathtaking aerial views and Rakaposhi viewpoint
- Discover the beauty of historic forts, serene lakes, and breathtaking landscapes in the region, including Attabad Lake, Satpara Lake, Glaciers and Kachura Lakes.
- Experience unique Hunza culture, visit the Baltit Fort.
- Immerse yourself in the vibrant bazaars of Islamabad, Gilgit, and sample delicious local cuisine

Note: All entrance tickets of the attractions listed above are included.

- 探索巴基斯坦北部的奇观。
- 令人叹为观止的鸟瞰图和拉卡波希观点
- 探索该地区历史悠久的堡垒，宁静的湖泊和令人叹为观止的景观，包括阿塔巴德湖，萨特帕拉湖，冰川和卡舒拉湖。
- 体验独特的罕萨文化，参观巴尔提特堡。
- 沉浸在伊斯兰堡，吉尔吉特充满活力的集市中，并品尝美味的当地美食。

注释：以上所有景点已包含入门票



SAISBT12

食宿 MEAL & ACCOMMODATION

- Seekh Kebab
- Biryani
- Handi
- Haleem
- Lassi

Number of Meals:
Lunch - 7 Dinner - 6

- 西克烤肉串
- 印度比尔雅尼饭
- 烤羊肉串
- 碳烤奶油鸡块
- 碳烤奶油鸡块

餐饮数量:
午餐 - 7 晚餐 - 6

STAY 住宿	LOCATION 地点	RECOMMENDED ACCOMMODATION 推荐住宿	RATED 等级
1Night 1晚	Islamabad 伊斯兰堡	Islamabad Marriott Hotel 伊斯兰堡万豪酒店	★★★★★
1Night 1晚	Naran 纳兰	Jumeirah Gold Hotel Naran 卓美亚黄金酒店	★★★★
1Night 1晚	Gilgit 吉尔吉特	Gilgit Serena Hotel 吉尔吉特瑟琳娜酒店	★★★★★
3Nights 3晚	Hunza 罕萨	Famree Resort Hunza 罕萨法姆里度假村	★★★★
1Night 1晚	Hunza 罕萨	PC Legacy Nasirabad Hunza PC遗产纳西拉巴罕萨	★★★★
2Nights 2晚	Skardu 斯卡都	Shangrila Resort Skardu 斯卡都香格里拉度假酒店	★★★★
1Night 1晚	Islamabad 伊斯兰堡	Islamabad Marriott Hotel 伊斯兰堡万豪酒店	★★★★★

*餐饮与酒店会随着季节与当时情况，作最适当的调整。

*Meals & hotels above are subject to change without prior notice.

*Complimentary Wi-Fi services in hotel lobby. (In-room Wi-Fi subject to hotel availability)

** We have already chosen the best accommodation available in those areas of Pakistan



Kambale Dam
坎布尔大坝

Travel Essentials:

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.

Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

Terms & Conditions:

- Itineraries, meals, hotels and transportation are subject to change without prior notice.
- AVSB reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
- AVSB is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; AVSB reserves the right to make corrections as required.
- Every person participating in AVSB's tours shall travel at his/her own risk. AVSB shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
- For other terms & conditions, refer overleaf of invoice or visit <https://www.applevacations.my/web/terms.php>
- All pictures shown are for illustration purpose only.

Note: AVC refers to Apple Vacations Sdn Bhd

旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起)，并且取得必要的签证和准证。

旅游保险 - 出发前，建议您购买全面的旅游保险。

条款:

- 行程、膳食、酒店住宿和交通可能会有所变动，恕不另行通知。
- 若出现无法预测的特殊情况，特别是在旅游旺季期间，苹果旅游将保留更改或取消行程的权利。
- 若苹果旅游的宣传手册或任何传播媒介，出现任何形式的印刷失误或遗漏，本公司一概不负责，并且保留更正的权利。
- 每位参与苹果旅游团的成员，必须为自身安全或行为负责。若出现无法预测的特殊情况（例如：交通延误/取消、天气、疾病、示威、战争等等），因而引发额外支出的问题，苹果旅游一概不负责，旅客需自行负责额外的费用。
- 详情条款，请参阅单据背页或浏览 <https://www.applevacations.my/web/terms.php>
- 以上图片仅供参考，请以实物为准。

南亚团 - 附加条款:

- 所有行程以英文讲解为主。
- 三人房-房内第三名住客的床褥，将以折叠式为准。
- 团费仅适用于大马公民，外国公民则需缴付额外费用。
- 车上购物 - 为了您的方便起见，车上会售卖当地小吃。若您有兴趣购买，请向我们的导游洽询。

Exotic Tours - Additional Terms & Conditions:

- Tours are conducted in English.
- Triple Room - Third person shall be based on rollaway bed.
- Tour fare quoted is for MALAYSIAN, non-Malaysian surcharge applied.
- In-coach Shopping - For your convenience, a variety of local snacks are offered for sale on board the coach. If interested, please place your order with our tour guide.

For Agent Use Only:

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Pack your curiosity and wanderlust as you journey through Pakistan, where every step unveils a mosaic of awe-inspiring landscapes, rich heritage, and unparalleled hospitality.

当您穿越巴基斯坦时，请带上您的好奇心和旅行欲望，这里的每一步都会展现出令人惊叹的风景、丰富的遗产和无与伦比的热情好客。