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APPLE®

CENTRAL ASIA 中亚

CENTRAL ASIA

THE ULTIMATE SILK ROAD ADVENTURE

中亚 深入西域 千里丝路行

吉尔吉斯斯坦 | 哈萨克斯坦 | 乌兹别克斯坦 | 土库曼斯坦
KYRGYZSTAN | KAZAKHSTAN | UZBEKISTAN | TURKMENISTAN



Registan Square

The legend has it that the square was a place of public executions from the 15th to the early 20th centuries, and they strew it with sand to absorb the blood shed there. Therefore, the square was named Registan: reg ('sand') and stan ('place') - 'a sand place'. It was also a place where people, summoned with trumpets, gathered to listen to government decrees announced.

雷吉斯坦广场

传说该广场是15世纪至20世纪初的公共处决场所，他们用沙子撒满广场，以吸收流淌的鲜血。因此，该广场被命名为Registan: reg (“沙”)和stan (“地”)—简称“沙地”。此外，也是当时人民被号召聚集聆听政府宣布法令的场所。

Witness to centuries past,
Burana Tower guards its mysteries.

📍 Burana Tower
📍 布拉纳塔

DAY 1 📍 KUALA LUMPUR
✈️ BISHKEK

🏠 MOB

Arrive Bishkek in the midnight and proceed to hotel for check-in and rest.

DAY 2 📍 ARRIVE BISHKEK

🏠 Hotel Breakfast / Local Lunch / Hotel Dinner

📍 Bishkek Orientation Tour

Visit **Victory Square**, where a monument is built in 1984 to commemorate the 40th freedom anniversary from the end of World War II. Besides that, we will stop by a small open-air sculpture garden amid the oaks, **Dubovy Park** and the central place in Bishkek, **Ala-Too Square** and the landmark building, **Kyrgyz National Philharmonic**.

📍 The Great Silk Road - Burana Tower

Then, visit to **Burana Tower**, a minaret dating from the 11th century and the **open-air museum of Balbals**, where stone warriors are exhibited.

📍 Old Tradition of Falconry
📍 古老的驯鹰文化



📍 Horse Riding Performance
📍 国家游牧民运动表演



DAY 3 📍 BISHKEK -236KM- ALMATY

🏠 Hotel Breakfast / Local Lunch / Local Dinner

En-route to Almaty, visit to Sunkar Falconry Centre to learn about the **old tradition of falconry** - hunting with birds of prey.

DAY 4 📍 ALMATY

🏠 Hotel Breakfast / Local Lunch / Local Dinner

📍 Cultural Village Experience

Immerse yourself in the authentic Kazakh culture at the **Huns Ethno Village**. Discover the nomadic lifestyle by experiencing traditional ceremonies, simple cooking class, building yurt demonstration, and horse-riding tricks show. After national cuisine lunch, get a chance to try national arches master-class too!

📍 Almaty City Tour (I)

Visit the elegant **Zenkov Cathedral (Ascension Cathedral)** which located in a green **Panfilov Park of Almaty**. The historical monument is one of the main sights of the city.

DAY 5 📍 ALMATY -77KM- LAKE ISSYK ✈️ TASHKENT

🏠 Hotel Breakfast / Local Lunch / Hotel Dinner

📍 Almaty City Tour (II)

Kick starts your day with a visit to **Kok Tobe Hill by Cable car** to enjoy the beautiful view of Almaty city from different directions on top of the hill.

📍 Lake Issyk Tour

Enjoy the natural beauty of **Lake Issyk** which surrounded by forests and flower fields that sits up in the mountains formed 8000 years ago by a mountain collapsed and created a natural dam. *(Subject to weather condition.)*

In the evening, take a scheduled flight from Almaty to one of the ancient cities on the Great Silk Road, Tashkent, capital of Uzbekistan.

DAY 6 📍 TASHKENT

🏠 Hotel Breakfast / Local Lunch / Local Dinner

📍 Tashkent City Tour

Stroll around the symbol of the city, the main square of Tashkent, **Independence Square** where the festivities are held and in the middle of Amir Timur Square is the monument of the military leader Amir Timur. Next, photo stop at the medieval **Kukeldash Madrasah** and the hundred years central market under a bluedomed building, **Chorsu Bazaar**. Lastly, **Hast Imam Complex** is a religious centre that consists of several architecture monuments of madrasahs, mosques, and mausoleums. Then, explore the glorious **Tashkent Subways** built after the 1966 earthquake in Tashkent.

📍 Chorsu Bazaar
📍 百年贸易乔尔苏集市



DAY 7 📍 TASHKENT SAMARKAND

🏠 Hotel Breakfast / Local Lunch / Local Dinner

Take the train from Tashkent to Samarkand, the second largest city of Uzbekistan.

📍 Samarkand City Tour

Visit the outstanding **Registan Square**, a complex of three fascinating Madrasahs built in the 15-17th century. Architectural **complex of Shakh-i-Zindeh** represents a big collection of mausoleums and a UNESCO World Heritage Site. **Bibi Khanum Mosque** was built in honor of Tamerlane's favorite wife, after his successful campaign in India. End the day with a **Cultural and Dancing show**, the 'Uzbek Bride' while dining in a traditional Uzbek house.

📍 Tashkent Subway
📍 塔什干地铁游





DAY 8 SAMARKAND BUKHARA

Hotel Breakfast / Local Lunch / Local Dinner
Take the train from Samarkand to Bukhara. It was a prominent stop on the Silk Road trade route between the East and the West, and a major medieval center for Islamic theology and culture.

Bukhara City Tour

Enjoy a full day of sightseeing tour starting off with the most ancient citadel in Bukhara, **Ark of Bukhara**, a massive fortress built and occupied from the 5th century but was bombed by the Red Army in 1920 and left a large part in ruins. Next, visit one of the major squares, **Lyab-I Hauz** surrounded by the artificial ponds and the famous **Nadir Divan-begi Madrasah** stands on the east run as a caravanserai at began. Stroll around the majestic architectural complex **Poi Kalyan**, consists of the 3 extraordinary structures built in the 12th to 16th centuries.



Ashgabat City
阿什哈巴德市区

DAY 9 BUKHARA -121KM- FARAB (BORDER) -272KM- MARY

Hotel Breakfast / Local Lunch / Local Dinner
Today you will be transferred across the Farab border and arrive in Turkmenistan, traditionally a home to the sizeable Russian ethnic population, who were relocated to the Russian Federation following the breakup of the Soviet Union.

DAY 11 ASHGABAT -266KM- DARVAZA -266KM- ASHGABAT

Hotel Breakfast / Local Lunch / Local Dinner
Darvaza Tour
Take 4x4 head to the middle of the Karakum desert to discover the most unique **Darvaza Gas Crater**, known as "The Gates to Hell". It was created by mistake and burning non-stop since 1971. Enjoy your BBQ dinner near the burning gas crater before sunset and stunned by the other face of the crater during nighttime.



Traditional Pilaw
香料饭

DAY 10 MARY X ASHGABAT

Hotel Breakfast / Local Lunch / Hotel Dinner
Discover Ancient Merv
Explore one of the oldest and best-preserved of the oasis cities along the Silk Road, **Merv**. Discover a series of adjacent cities, the ancient (Erk Kala and Gyaur Kala), the medieval (Sultan Kala with its suburbs), and post-medieval (Abdullah-Khan Kala), appeared with time as a token of the natural progress of the city.

DAY 12 ASHGABAT

Hotel Breakfast / Local Lunch / Local Dinner
Ashgabat City Tour
Ashgabat has been recognized by Guinness World Records as having the world's highest density of white marble.

First, sightseeing the beautiful combination of Islamic and Byzantine architecture **Ertugrul Gazi Mosque** and the **ruins of the ancient city Nisa** declared as a UNESCO World Heritage Site. Next, visit the **National Museum of Turkmenistan** contains over 500,000 exhibits particularly archaeological and ethnographical finds throughout the country. Photo stop at the world's largest indoor Ferris wheel, Alem Cultural and Entertainment Center and the architectural symbol of modern Turkmenistan, Arch of Neutrality.

Lastly, visit **Ashgabat Horse Hippodrome** to see the famous Turkmen Akhal-Teke horses which are believed to be the first tamed horse breed in the world. These horses have been renowned as cavalry mounts and racehorses for some 3,000 years.



Ark of Bukhara
布哈拉方舟堡垒

DAY 13 ASHGABAT / DEPART FOR HOME

Transfer to international airport for safe flight home.

DAY 14 ARRIVAL HOME

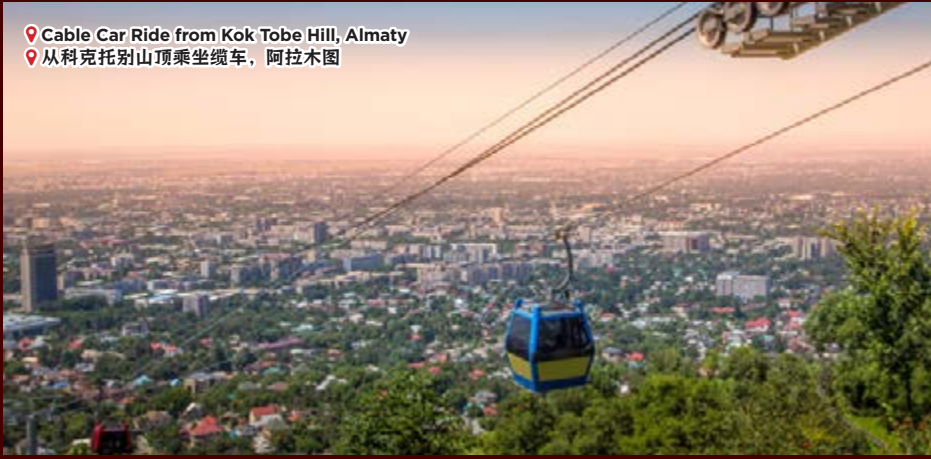
Arrival home with sweet memories.



📍 Ashgabat Horse Hippodrome
📍 阿什哈巴德马场



📍 Panfilov Park
📍 潘菲洛夫28号勇士纪念公园



📍 Cable Car Ride from Kok Tobe Hill, Almaty
📍 从科克托别山顶乘坐缆车，阿拉木图



📍 Ascension Cathedral, Almaty
📍 耶稣升天教堂，阿拉木图



📍 Ancient Merv, Mary
📍 古老梅尔夫，马雷



📍 Shakh-i-Zindeh, Samarkand
📍 沙尔艾森达纪念碑，撒马尔罕



📍 Darvaza Gas Crater (Gate of Hell), Darvaza
📍 “地狱之门”天然气洞穴，达瓦扎

湖水荡漾，心情舒畅，
伊塞克湖之旅
如诗如画。

📍 Lake Issyk, Almaty
📍 伊塞克湖，阿拉木图

第1天

📍 吉隆坡 ✕ 比什凯克

🏠 机上用餐

夜晚抵达后，前往入住酒店休息。

第2天

📍 比什凯克

🏠 酒店早餐 / 道地午餐 / 酒店晚餐

📍 比什凯克市区游

参观胜利广场内建于1984年，为纪念世界第二次大战结束40周年的纪念碑后，续游小型露天雕塑花园橡树公园、比什凯克中心阿拉套广场和地标性建筑吉尔吉斯国家爱乐厅。

📍 世界文化遗产“丝绸之路” - 布拉纳塔

接着，参观布拉纳塔，建于11世纪的古老宣礼塔以及小型博物馆外拥有大量的石人矗立，相貌迥异。

第3天

📍 比什凯克 -236公里- 阿拉木图

🏠 酒店早餐 / 道地午餐 / 道地晚餐

在前往阿拉木图的途中，欣赏一场由非物质文化遗产传承人带来的驯鹰表演，展示哈萨克族数百年来古老的驯鹰文化与狩猎方式。

第4天

📍 阿拉木图 -219公里- 查恩峡谷 -219公里- 阿拉木图

🏠 酒店早餐 / 道地午餐 / 道地晚餐

📍 当地文化村体验

参观匈奴民族村并走进游牧民族的世界，了解他们的生活和风俗习惯。您可体验当地淳朴的传统习俗、烹饪方式、搭建蒙古包，以及欣赏专业的骑马技巧表演。享用完民族午餐后，您还可趁机一起体验射箭！

📍 阿拉木图市区游（一）

参观优雅恬静的升天大教堂，位于潘菲洛夫公园中心一座宏伟的木制结构教堂，也是世界第二高的木制建筑。

第5天

📍 阿拉木图 -77公里- 伊塞克湖 ✕ 塔什干

🏠 酒店早餐 / 道地午餐 / 酒店晚餐

📍 阿拉木图市区游（二）

乘搭缆车到科克托别山顶欣赏壮丽的城市全景。

📍 伊塞克湖

尽情欣赏有「中亚明珠」美誉的伊塞克湖，被花草树木围绕着的湖水清澈澄碧，终年不冻，是有名的「热湖」，约8000年前山体崩塌构成天然堤坝。（视乎天气状况而定）

傍晚，送往机场乘搭航班飞往塔什干 - 丝绸之路重镇之一。

第6天

📍 塔什干

🏠 酒店早餐 / 道地午餐 / 道地晚餐

📍 塔什干之旅

沿着塔什干城市象征、主要的活动举办场所独立广场漫步，途中也观赏伫立在阿米尔帖木儿广场的军事领袖纪念碑。接着，在中世纪库克塔什经学院以及蓝色圆顶建筑内的百年贸易乔尔苏集市游览照相后，探索在1966年塔什干地震后修建的塔什干地铁，由于其独特丰富的内饰，通常被称为“地下博物馆”。最后，观赏壮丽的哈斯特伊玛目广场，是一个宗教中心和历史建筑群，由清真寺，学校与陵墓而组成。

第7天

📍 塔什干 - 撒马尔罕

🏠 酒店早餐 / 道地午餐 / 道地晚餐

从塔什干乘搭火车到乌兹别克斯坦第二大城市——撒马尔罕。

📍 撒马尔罕市区游

首先，游览被列入联合国教科文组织世界文化遗产，综合3座建于15至17世纪的伊斯兰学校的雷吉斯坦广场后，续往阿米尔帖木儿长眠之地——帖木儿陵、撒马尔罕独特建筑沙尔艾森达纪念碑以及为了纪念阿米尔帖木儿妻子而建的比比哈努姆清真寺。在乌兹别克斯坦传统屋子观赏文化和舞蹈表演——乌兹别克斯坦新娘，并享用晚餐。

第8天

📍 撒马尔罕 - 布哈拉

🏠 酒店早餐 / 道地午餐 / 道地晚餐

从撒马尔罕乘搭火车到布哈拉。这里曾是丝绸之路贸易路线重要停留点，也是中世纪伊斯兰神学和文化中心。

📍 布哈拉城市之旅

探索布哈拉方舟城堡，一座建于5世纪的巨大堡垒，在1920年被红军轰炸后遗留下大部分废墟。接着，参观主要广场之一，环绕着人工池塘的来比哈斯和位于东边，原为商队旅舍的纳迪尔迪万贝吉伊斯兰教学楼后，漫步于建于12至16世纪，由3个非凡建筑组成的宏伟建筑群波伊卡扬。

📍 Hast Imam Complex
📍 哈斯特伊玛目建筑群



第9天

📍 布哈拉 -121公里- 法拉普（边境） -272公里- 马雷

🏠 酒店早餐 / 道地午餐 / 道地晚餐

今天，穿越法拉普的边境，从乌兹别克斯坦前往土库曼斯坦的马雷。中亚第二大洲土库曼斯坦也是个接壤里海的主权国家。前往古城梅尔夫废墟所在的马雷途中与卡拉库姆沙丘合影。

第10天

📍 马雷 ✕ 阿什哈巴德

🏠 酒店早餐 / 道地午餐 / 酒店晚餐

📍 发掘古老梅尔夫

探索丝绸之路保存最完好的古老绿洲城市之一，梅尔夫。游览一系列因时间流逝和城市发展而出现的相邻城市，古代埃爾克卡拉和古烏爾卡拉，中世纪苏丹卡拉和后中世纪阿卜杜拉罕卡拉。此外，还有最受欢迎的景点克兹卡拉要塞，建于一千多年前约公元600至900年间的矩形墙结构。

傍晚，前往机场乘搭航班飞往阿什哈巴德。

第11天

📍 阿什哈巴德 -266公里- 达瓦扎 -266公里- 阿什哈巴德

🏠 酒店早餐 / 道地午餐 / 道地晚餐

📍 达瓦扎之旅

午餐后，乘坐四轮驱动前往卡拉库姆沙漠中部挖掘最独特的达瓦扎天然气洞穴“地狱之门”。此意外造成的巨坑自1971不曾停止燃烧。日落前，在燃烧着的洞穴附近享用烧烤晚餐；日落后，欣赏它美得惊艳的另一面。

第12天

📍 阿什哈巴德

🏠 酒店早餐 / 道地午餐 / 道地晚餐

📍 阿什哈巴德市区游

阿什哈巴德因拥有世界上密度最高的白色大理石而被吉尼斯世界纪录认证。

首先，游览综合伊斯兰和拜占庭式的美丽建筑埃图鲁尔加齐清真寺及联合国教科文组织世界遗产厄萨古城遗址。接着，参观土库曼斯坦国家博物馆，里面超过500,000件展品中更含了全国的考古和人种学。在世界上最大的室内摩天轮阿莱姆文化娱乐中心和现代土库曼斯坦建筑象征中立门前合影留念。

最后，前往阿什哈巴德马场观赏著名的汗血宝马。它们是世界上第一个被驯服的马种，在骑兵作战和赛马方面享誉达3000多年。

第13天

📍 阿什哈巴德 / 返回家园

早上送往机场乘搭航班飞返回家。

第14天

📍 抵达家园

带着甜蜜回忆抵达家园。

行程亮点 HIGHLIGHTS

- ◆ Burana Tower, Chuy Valley
- ◆ Cable Car Ride from Kok Tobe Hill, Almaty
- ◆ Lake Issyk, Almaty
- ◆ Tashkent Subway (The most beautiful metro station in the world)
- ◆ Registan Square, Samakand
- ◆ Ark of Bukhara
- ◆ Ancient Merv, Mary (one of the best-preserved of the oasis cities along the Silk Road)
- ◆ Darvaza Gas Crater (Gate of Hell), Darvaza
- ◆ National Museum of Turkmenistan, Ashgabat
- ◆ Ashgabat Horse Hippodrome, Ashgabat

◆ Note: Entrance tickets / Fees are included

- ◆ 布拉纳塔, 楚河河谷
- ◆ 从科克托别山顶乘坐缆车, 阿拉木图
- ◆ 伊塞克湖, 阿拉木图
- ◆ 塔什干地铁游
(世界上最美的地铁站)
- ◆ 雷吉斯坦广场, 撒马尔罕
- ◆ 布哈拉方舟城堡, 布哈拉
- ◆ 古老梅尔夫, 马雷
(丝绸之路保存最完好的古老绿洲城市之一)
- ◆ “地狱之门”天然气洞穴, 达瓦扎
- ◆ 土库曼斯坦国家博物馆, 阿什哈巴德
- ◆ 阿什哈巴德马场, 阿什哈巴德

◆ 注释: 已包含入门票 / 费用



CAFRU14-001

食宿 MEAL & ACCOMMODATION

Number of Meals:
Lunch - 11 Dinner - 11

餐饮数量:
午餐 - 11 晚餐 - 11

STAY 住宿	COUNTRY 国家	LOCATION 地点	RECOMMENDED ACCOMMODATION 推荐酒店	RATED 等级
2Nights 2晚	Kyrgyzstan 吉尔吉斯斯坦	Bishkek 比什凯克	Hyatt Regency Hotel 凯悦酒店	★★★★★
2Nights 2晚	Kazakhstan 哈萨克斯坦	Almaty 阿拉木图	Rixos Almaty Hotel 里克瑟斯阿拉木图酒店	★★★★★
2Nights 2晚	Uzbekistan 乌兹别克斯坦	Tashkent 塔什干	Hilton Tashkent City 塔什干希尔顿酒店	★★★★★
1Night 1晚		Samarkand 撒马尔罕	Hilton Garden Inn 希尔顿花园酒店	★★★★
1Night 1晚	Turkmenistan 土库曼斯坦	Bukhara 布哈拉	Wyndham Bukhara 布哈拉温德姆酒店	★★★★
1Night 1晚		Mary 马雷	Mary Hotel 玛丽酒店	★★★★
3Nights 3晚		Ashgabat 阿什哈巴德	Yyldyz Hotel 星星酒店	★★★★★

*餐饮与酒店会随着季节与当时情况, 作最适当的调整。*Meals & hotels above are subject to change without prior notice.

额外焦点 EXTRAS

- 4-5 Star Hotels Throughout
- Minimal Internal Flight ✈️ + Metro Rides 🚇
- Horse Riding Performance at Cultural Village
- Old Tradition of Falconry
- Folklore Dinner Show
- 全程4-5星级酒店
- 精减国际航班 ✈️ + 快速列车 🚇 便捷舒适
- 国家游牧民运动表演, 文化村庄
- 古老的驯鹰文化
- 民俗表演晚餐

Travel Essentials:

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.

Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

Terms & Conditions:

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
2. AVSB reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
3. AVSB is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; AVSB reserves the right to make corrections as required.
4. Every person participating in AVSB's tours shall travel at his/her own risk. AVSB shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
5. For other terms & conditions, refer overleaf of invoice or visit <https://www.applevacations.my/web/terms.php>
6. All pictures shown are for illustration purpose only.

Note: AVSB refers to Apple Vacations Sdn. Bhd.

West Tours - Additional Terms & Conditions:

1. Tours are conducted in English, with simple translations in Mandarin or Cantonese if required.
2. Triple Room - the third person shall be based on a roll-away bed. (Applies to itineraries of Europe & Other Countries)
3. Triple Room is based on two double beds. (Applies to America itineraries, except Hawaii)
4. Triple Room only allows 2 Adults and 1 Child, with a roll-away bed for the child. For 3 adults, two rooms will be required, with one person paying the Single Supplement. (Applies to South Africa itineraries only, except Kenya & Morocco)

旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起), 并且取得必要的签证和准证。

旅游保险 - 出发前, 建议您购买全面的旅游保险。

条款:

1. 行程、膳食、酒店住宿和交通可能会有所变动, 恕不另行通知。
2. 若出现无法预测的特殊情况, 特别是在旅游旺季期间, 苹果旅游将保留更改或取消行程的权利。
3. 若苹果旅游的宣传手册或任何传播媒介, 出现任何形式的印刷失误或遗漏, 本公司一概不负责, 并且保留更正的权利。
4. 每位参与苹果旅游团的成员, 必须为自身安全或行为负责。若出现无法预测的特殊情况(例如: 交通延误/取消、天气、疾病、示威、战争等等), 因而引发额外支出的问题, 苹果旅游一概不负责, 旅客需自行负责额外的费用。
5. 详情条款, 请参阅单据背面或浏览 <https://www.applevacations.my/web/terms.php>
6. 以上图片仅供参考, 请以实物为准。

欧美团 - 附加条款:

1. 所有行程以英文讲解为主。若有需要, 将提供简单的中文或粤语翻译。
2. 三人房-房内第三名住客的床褥, 将以折叠式为准。(仅限于欧洲及其他国家行程)
3. 三人房均以两张双人床为准, 恕不添加折叠式床褥。(仅限于美国行程, 唯夏威夷除外)
4. 三人房均以折叠式床褥为准, 仅供两位成人及一位小孩(十二岁以下)。若三位成人入住, 则须订购两间客房并填补差价。(仅限于全南非洲行程, 唯肯尼亚与摩洛哥除外)

For Agent Use Only:

Updated Date: JUN 2024

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