

7D5N

# 进击の東北

## DISCOVER TOHOKU

宫城 | 山形 | 仙台  
MIYAGI | YAMAGATA | SENDAI

APPLE®

JAPAN 日本

APPLE  
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### 📍 日本东北

日本东北拥有独特的自然风光和丰富的文化遗产，如壮丽的山脉、美丽的松岛和丰富多彩的传统文​​化。此外，还以美食闻名，如新鲜的海鲜等。

### Tohoku

A Japanese region that boasts unique natural landscapes and a rich cultural heritage, including magnificent mountains, beautiful Matsushima Bay, and diverse traditional cultures. Additionally, it is renowned for its cuisine, such as fresh seafood and other local specialties.





苍松傲立藏王山，  
云海涌动似人间。  
雪峰皑皑映日辉，  
心随风舞自由闲。

藏王山  
Mount Zao

### 第1天

吉隆坡 ✕ 仙台

于吉隆坡机场集合办理登机手续，乘搭蘋果与马航的包机直飞日本东北。

### 第2天

仙台 -55公里- 山形

藏王山(含缆车)\*: 可观赏冬季自然奇观 - 藏王树冰。

### 第3天

山形 -120公里- 宫城

银山温泉乡

松岛五大堂: 建在本州海岸附近小岛上的佛堂，通过红色透桥与本州连接，现为日本文化遗产。碧海和诸多岛屿形成的周边景观，成为松岛的名胜代表。(不含船游)

瑞巖寺: 原名圆福寺，又称松岛寺。从中门进入到中庭，可见国宝的本堂、库里和走廊。本堂建筑形式是书院造，简朴的和风外观，内部装饰有各种雕刻、色彩、金器、袄绘和贴画，表现出绚烂的桃山建筑世界。

### 第4天

宫城 -60公里- 仙台

塩釜水産物仲卸市场  
名牌厂商直销店

### 第5天

仙台

青叶城: 日本仙台的一座历史要塞，以其独特的建筑、全景展望台以及作为坚毅和力量的文化意义而闻名。

一番町商店街: 这里有鲜为人知的居酒屋和充满生活气息的家常副食菜商店、咖啡店等等。



松岛五大堂  
Matushima Godaido Hall

### 第6天

仙台

今天在仙台市里，整整的一天都属于您。您可享受自由购物的乐趣或乘搭电车到处去游玩，拥有一整天在仙台的自由时间!

### 第7天

仙台 ✕ 吉隆坡

搭乘当日班机返回家园。



银山温泉乡  
Ginzan Onsen Street

\*自然奇观可能会受气候因素影响而有所变化，如果遇到气候异常等情况，可能无法欣赏到原先预期的景观。但我们仍将按照原定行程前往景点纯欣赏，敬请谅解。



## 什么是藏王树冰?

### What is the Zao Snow Monster?

藏王山的树冰是由强烈的冬季季风携带水汽，遇到低温条件下凝结在树木上而形成的。湿冷空气不断冻结在树枝上，加上积雪层层堆积，最终形成奇特的“雪怪”造型。这种景观是藏王山冬季特有的自然奇观。

The snow monsters on Mount Zao are formed when strong winter monsoon winds carry moisture that freezes onto trees in low temperatures. As the cold, moist air continues to freeze on the branches, layers of snow accumulate, eventually creating unique "snow monster" shapes. This spectacular phenomenon is a winter attraction unique to Mount Zao.



藏王山  
Mt. Zao



Majestic pines on Zao Mountain stand,  
 Clouds billow like dreams across the land.  
 Snow-capped peaks gleam in the sun's embrace,  
 Hearts dance with the wind in this serene space.



山形 YAMAGATA ●  
 藏王山 MT.ZAO ●  
 仙台 SENDAI ●  
 宫城 MIYAGI ●

**DAY 1** KUALA LUMPUR ✕ SENDAI

Assemble at airport for your direct flight to Tohoku by Malaysia Airlines, specially chartered by Apple Vacations.

**DAY 2** SENDAI -55KM- YAMAGATA

📍 **Mount Zao (included Ropeway)** ❄️ Witness the Winter Natural Wonder - Zao Snow Monsters.

**DAY 3** YAMAGATA -120KM- MIYAGI

📍 **Ginzan Onsen Street**  
 📍 **Matsuhima Godaido Hall:** A small temple hall built on a tiny island off the Matsushima coast, which is connected to the mainland by a short wooden pedestrian bridge. Due to its prominent location, it has become a symbol of Matsushima. *(exclude cruise tour)*  
 📍 **Zuiganji Temple:** The official name of Zuiganji is "Matsushima Seiryuzan Zuigan Enfukuzenji". The existing main hall, Onari entrance, warehouse and corridor are designated as national treasures. Zuiganji has multiple styles of architecture, considered to be a multi-cultural work of art.

**DAY 4** MIYAGI -60KM- SENDAI

📍 **Shiogama Seafood Wholesale Market**  
 📍 **Branded Factory Outlet**

**DAY 5** SENDAI

📍 **Aoba Castle:** A historical fortress in Sendai known for its unique architecture, an observatory with panoramic views, and cultural significance as a symbol of resilience and strength.  
 📍 **Ichibancho Street:** This district is famous among the citizens of Sendai. Izakaya (Japanese pubs), coffee shops and fruit stores are available here.



**DAY 6** SENDAI

Enjoy your free day in Sendai City, with a whole city to explore. Shop till you drop or travel around the city by train.

**DAY 7** SENDAI ✕ KUALA LUMPUR

Proceed to airport for your flight home with unforgettable memories.



❄️ Weather conditions may affect natural wonders, leading to expected scenery not being available. In such cases, the planned itinerary will be followed. Your understanding is very much appreciated.

## 银山温泉乡 Ginzan Onsen Street

银山温泉乡是日本一个历史悠久的温泉小镇，以其沿银山川而建的传统木质旅馆闻名。尤其在冬季，当白雪覆盖小镇时，煤气灯笼点缀其间，复古的建筑风貌让这里充满了怀旧氛围，宛如经典日式电影中的场景。据说，这里也是宫崎骏动画电影《千与千寻》中“汤婆婆温泉屋”场景的灵感来源之一，因此吸引了大量影迷前来打卡。

Ginzan Onsen is a historic hot spring town in Japan, known for its traditional wooden ryokan (inns) along the Ginzan River. Especially beautiful in winter when the town is blanketed in snow and adorned with gas-lit lanterns, it exudes a nostalgic charm reminiscent of scenes from classic Japanese films. It is said that this town also inspired the "Yubaba's Bathhouse" in Hayao Miyazaki's animated film Spirited Away, attracting many fans to visit. Ginzan Onsen is a popular destination for relaxation, scenic views, and enjoying traditional hot spring baths.





